Pozitívne myslenie

Z knihy: Kľúč k životu podľa zákona príťažlivosti

# Situáce, v ktorých som sa cítil naozaj šťastný a plný života

Čo majú vypísané situácie spoločné? = Náznak zmyslu môjho života

* ...

# Aké sú moje prirodzené schopnosti?

* ...

# Čo viem robiť a na čo mám talent?

Viem:

* ...

Mám talent na:

* ...

# Čo robím najradšej?

* ...

# Čo mi dodáva najviac energie?

* ...

# Čo je moja vášeň?

* ...

# Čo v živote mi prináša najväčšiu radosť?

* ...

# Kedy sa cítim najlepšie?

* ...

# V čom je moja sila a aké sú moje vlastnosti?

* Moja sila spočíva v ...

Som:

* ...

# V čom som podľa ostatných dobrý?

* ...

# Aké vzťahy s ostatnými ľuďmi mi najviac vyhovujú?

* ...

# Čo by som na svete zmenil, ak by som mohol?

* ...

# Zmysel môjho života

Dvomi tromi vetami zhrnuté veci vyššie

# Kľúčová oblasť: vzťahy – môj ideálny vzťah

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# Kľúčová oblasť: osobné ciele

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# Kľúčová oblasť: zdravie a telo

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# Kľúčová oblasť: kariéra a vzdelávanie

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# Kľúčová oblasť: oddych

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# Kľúčová oblasť: financie

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# Kľúčová oblasť: príspevky

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# Zoznam mojich snov

* ...

# Mojich 101 cieľov

1. ...